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**Families WHAT TO BRING TO CAMP**

We hope that you are as excited about summer camp at John Knox Ranch as we are! We have a terrific staff and tons of fun activities waiting for you. Be prepared to play hard, make lots of new friends, learn about yourself and God, and HAVE FUN!

**Please bring the following:**

* Prescription medications you need at camp, must be in original prescription container
* Enough clean clothes for your camp stay- things you don’t mind getting dirty
* Bible and books to read
* Fan (personal or clip on fan work the best)
* Extension cord (household kind)
* Headlamp or Flashlight with batteries
* Sleeping bag
* Sheets/pillow/blanket
* Two towels (swim towel and shower towel)
* Toiletries
* Hat/cap
* Sunscreen and insect repellent
* Water bottle
* Closed-toe shoes- no flip flops ONLY for showers
* Water shoes or sandals to protect feet from sharp rocks in the river or blue
* Swim-suits (2) One can dry while you wear the other
* Rain gear

(FYI: You will be sleeping in a bunk bed with a plastic-covered mattress. You can make this a very comfortable sleeping situation by bringing a mattress pad or a cotton blanket to put on your mattress first, and then sheets and a light blanket.

**Please leave the following at home:**

Electronic Devices Tobacco products

Fireworks/ firearms/ weapons Drugs or alcohol

Pets Personal sports equipment

Flip-flop’s

 Food of any kind

John Knox Ranch and its staff are not liable for any lost or damaged items.

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